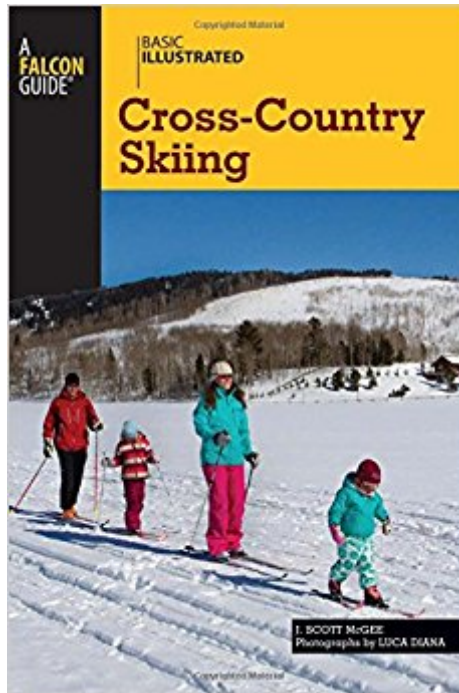




The book was found

Basic Illustrated Cross-Country Skiing (Basic Illustrated Series)



Synopsis

A visually packed beginner guide to cross country skiing.

Book Information

Series: Basic Illustrated Series

Paperback: 112 pages

Publisher: FalconGuides (October 2, 2012)

Language: English

ISBN-10: 0762777648

ISBN-13: 978-0762777648

Product Dimensions: 0.5 x 6 x 8.8 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #150,585 in Books (See Top 100 in Books) #3 in Books > Sports & Outdoors > Outdoor Recreation > Skiing > Cross-Country #59 in Books > Sports & Outdoors > Winter Sports

Customer Reviews

There is not an author who understands cross-country skiing better. Scott's experience teaching beginners, writing instructional manuals, guiding in the high country, and coaching seasoned racers allows him to share what would take most skiers more than a lifetime to learn on their own. I wish I had this when I started. ~Craig Panarisi, Director, Stratton Snowsport School and former coach of the PSIA Nordic Team

J. Scott McGee is the PSIA Nordic Team Coach and Senior Manager for Nordic, Guides and Training at Jackson Hole Mountain Sports School. Certified Level III in Nordic Track, Nordic Downhill, and Backcountry, Scott contributes regularly to The Professional Skier and SkiTrax magazines, as well as other ski instruction publications.

"Cross-Country Skiing" is easy to read and very informative. The book is well-organized and guides beginners and intermediate classic and skate cross-country skiers through techniques and effective drills for cross-country ski skills. I think that the book would also be of real value for ski instructors that look for teaching progressions. The book is well illustrated.

Great book!

Very informative, just dont try to read it while actually skiing.

[Download to continue reading...](#)

Cross Stitch: Learn Cross Stitch FAST! - Learn the Basics of Cross Stitch In No Time (Cross Stitch, Cross Stitch Course, Cross Stitch Development, Cross Stitch Books, Cross Stitch for Beginners) Basic Illustrated Cross-Country Skiing (Basic Illustrated Series) Cross Stitch: Learn How to Cross Stitch Simple and Easy Pictures, Patterns, and Shapes - CROSS STITCH (Cross-Stitch, Needlework, Needlepoint, Embroidary, ... Hobbies and Home, Cross-Stitching, Crochet) Climbing and Skiing Colorado's Mountains: 50 Select Ski Descents (Backcountry Skiing Series) Backcountry Skiing California's High Sierra (Backcountry Skiing Series) Backcountry Skiing Utah: A Guide to the State's Best Ski Tours (Backcountry Skiing Series) Shawangunks Trail Companion: A Complete Guide to Hiking, Mountain Biking, Cross-Country Skiing, and More Only 90 Miles from New York City Fitness Cross-Country Skiing (Fitness Spectrum) Cross-Country Skiing: Building Skills Cross-Country Downhill and Other Nordic Mountain Skiing Techniques Trail Atlas of Michigan: Mountain Biking, Hiking, Cross-Country Skiing, and Nature Trails Cross-Country Skiing: Building Skills for Fun and Fitness (Mountaineers Outdoor Expert) Stride and Glide: A manual of cross-country skiing and Nordic walking Exploring the Yellowstone Backcountry: A Guide to the Hiking Trails of Yellowstone With Additional Sections on Canoeing, Bicycling, and Cross-Country Skiing (Third Edition) Nordic Notes: Articles on cross-country skiing Cross-Country Skiing in the Sierra Nevada: The Best Resorts & Touring Centers in California & Nevada Cross-Country Skiing and Snowshoeing, Aspen and the Roaring Fork Valley Skiing the North Shore: A Guide to Cross Country Trails in Minnesota's Spectacular Lake Superior Region (There & Back Guides) Teaching Cross-Country Skiing Benzie County Michigan Trail Guide: For hiking, biking, cross-country skiing, and snowshoeing.

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)